



# GOLD CROWN

APPLICATION 2019

# MEMBERSHIP ENGAGEMENT

## Encourages member involvement and has significant participation from members

- Auto-enrollment and a chapter membership of 100% since 2003.
- [ASDA Point System](#) – 100% membership involvement. Encouraged active involvement in Houston ASDA with sponsorship to ASDA Annual Session and National Leadership Conference for the member(s) with the most collective points.
- [ASDA Week Snapchat Photo Challenge](#): Each day during September ASDA week students were challenged to post a photo using a specific hashtag, as well as #HoustonASDA. Raffle held for submission with gift card prize.
- [ASDA Week “Treat Yo Selfie” Photo Challenge](#): Follow UTSD Houston ASDA on social media, show proof, and get a cookie!

## Organizes a successful membership drive to introduce new students to ASDA

- **[IMPROVED!]** [Freshman Orientation Week ASDA Informational](#): ASDA Executives brought breakfast and spent an hour with the new 1st year students. Highlights of Houston ASDA's accomplishments were showcased and the benefits of getting involved in ASDA were given to the students. 104 students attended.
- [ASDA Fever Week - Officer Informational L&L](#): This was an event that was exclusive to 1st years. Houston ASDA leaders explained their positions and encouraged DS1s to run for different leadership positions in the chapter.

## Recruits and engages advanced standing/IDP students at your school

- **[NEW!]** [Contour Article](#): “Being a New Father in Dental School” by Raven Grant (’19), Immediate-Past Communications Chair. This article featured one of the many Houston ASDA members that are non-traditional students.

## Organizes events with the local and/or state dentals society such as Signing Day to help 4th year students transition to the ADA

- 100% of 4th years participated in ADA Signing Day with 88 students becoming ADA members

## Uses the following communication vehicles: class announcements, bulletin boards, e-mail, website, Facebook, etc.

- [The Provisional](#): Our triannual newsletter includes content recapping events and features on Wellness, Pre-Dental, Advocacy, and Membership Engagement.
- [Facebook page](#): Provides updates, events, reminders, and photos. 1,224 likes.
- [Instagram @UTSDHoustonASDA](#): 1,115 followers. 75 new posts in 2018.
- For every event or initiative, school-wide emails and reminders are sent using digital fliers, which are also displayed on TVs placed throughout the campus. Bulletin boards in student lounges and lunch rooms are also used to advertise events.
- **[IMPROVED!]** [Website](#): Calendar of events available and updated consistently with new events. Website features many pages with events and content related to advocacy, pre-dental, membership, social activities. The website continues to be used to register students, pre-dental students, and vendors for events. The website was awarded “Best Website” at 2018 ASDA Gold Crown Awards.

## Successfully implements chapter leadership transitions through use of how-to guides, reports, and retreats

- [Committee Member Elections](#): Every year, ASDA elects members into each of our committees. We allow every dental student at UTSD to apply and accept up to 15 students per committee.
- [Leadership Development Workshop](#): 50 students, including recently elected officers and new committee met to develop and utilize leadership skills. New officers were briefed on roles and responsibilities by previous officers.
- [How-To-Guides](#): During officer transitions, this is given to new officers detailing the role of each position.

## Creatively distributes content from district and national meetings to local membership

- [ASDA Class Presentations](#): Through lunch and learns, attendees of district and national meetings present information learned from meetings back to members. Non-conference attendees are able to learn about ASDA initiatives/legislation and leadership development.

## Uses ASDA branding (including ASDA signage, banner, and ASDA flyers, and communicates national ASDA initiatives and events to its members)

- [Houston ASDA Logo](#): Continued usage of Houston ASDA's logo, which includes the ASDA “S”.
- [ASDA Banner](#): Displayed at all events and included in photos.
- [Annual Vendor Fair](#): Photobooth backdrop was composed of Houston ASDA logo.
- [Website](#): Our logo is consistently displayed throughout the website. National ASDA news such as Contour issues and ASDA blog entries.
- [Centralized ASDA Flier Process](#): All ASDA publicity and fliers incorporate our logo.

# ADVOCACY INITIATIVES

## **Holds legislative lunch and learns and other legislative events to inform members of ASDA's policies on issues such as licensure reform, student debt, barriers to care and mid-level providers**

- Explore UTSD Predental Day: Rana Shammass ('19) presented on the meaning of advocacy to pre-dentals and the issues facing dentistry. Tanya Sue Maestas ('18) presented on Organized Dentistry and how to start pre-dental involvement. 40 pre-dentals attended.
- **[NEW!]** Midterms Matter Series: We created an informational series of five Facebook posts regarding the Midterm Elections. Posts ranged from information on how to register to vote, to when and where to vote, to candidate stances on issues. The posts spanned from 9/30/18 to 11/06/18
- **[NEW!]** A Conversation about Local Anesthesia: An after-school presentation given by Dr. Kathy Gibson about Texas and the US stance on hygiene local anesthesia. Included discussions by the audience with Dr. Gibson. 30 attendees.
- **[IMPROVED!]** Advocacy Informational: The Advocacy Committee hosted an informational during ASDA Week. We discussed the importance of organized dentistry, advocacy, being an advocate, how to get involved with lobbying, ADPAC and DENPAC, and answered any questions from the audience. We provided anecdotes of situations involving advocacy to help spark the interest and importance among students. 85 attendees.
- Adios Advocacy Month/ADPAC Raffle: Presented the molar bear video as the achievements and recap of November Advocacy Month. Raffle drawing for ADPAC/DENPA drive took place at this event. 53 attendees.

## **Attends state or national lobby days or organizes state lobby day**

- ADA/ASDA National Lobby Day: 12 Houston ASDA representatives travelled to Washington D.C. to participate. Houston ASDA took the lead in helping dentist from TX schedule appointments.

## **Involved with state and/or local dental society**

- Greater Houston Dental Society (GHDS)
  - **[NEW!]** GHDS Meeting with U.S. Rep John Culberson: ADPAC invited 8 Houston ASDA Advocacy committee members to meet U.S. Representative John Culberson while giving an ADPAC contribution. We were able to listen to the interaction between dentists and a Congressman about dental related issues.
  - GHDS October General Meeting: 22 sponsored students attended the GHDS October General Meeting on Legislative Affairs. Organized dentistry leaders informed guests of TDA's and ADA's legislative agenda
  - **[IMPROVED!]** GHDS Legislative Action Committee: Rana Shammass, DS4, serves on this committee as a ASDA representative. The Advocacy Committee, with 8 members, was invited to attend the GHDS LAC meeting. We discussed state and national issues with dentists of various backgrounds and ADA/TDA positions.

## **Voting representation in the state dental society House of Delegates and representation on councils**

- Rana Shammass, DS4, served as Council on Advocacy Legislative Liaison for Districts 8 and 9

## **Contributes legislative articles to local or national ASDA publications or other state society publications**

- **[NEW!]** Mouthing Off Articles:
  - "Lobby Day 2018: The issues You Need to Know" by Jon Vogel ('18), 2017-2018 National Council on Advocacy Chair
  - "Lobby Day 2018: Making an Impact on Capitol Hill" by Jon Vogel ('18), 2017-2018 National Council on Advocacy Chair
  - "The Benefits of Organized Dentistry" by Rana Shammass ('19), Houston Advocacy Chair and Legislative Liaison for Districts 8 and 9

## **Conducts successful ADPAC drives**

- ADPAC/DENPAC Drive: During November, students chose to pay dues to either ADPAC, DENPAC, or both. Raffle tickets were earned based on paid membership for one or both organizations. The top 2 classes with the most members won breakfast tacos during finals. Raffle prizes included an Apple Watch, Apple AirPods, Amazon Echo Dots, Yeti cups, and gift cards. Total members: ADPAC 89, DENPAC 45

# ACTIVITIES

## Offers professional or educational programs that encourage interaction between students and faculty, staff and state/local dental societies

- Greater Houston Dental Society: ASDA members were invited to attend 6 General Meetings to learn about legislative affairs and current topics in dentistry.
- UTSD Alumni Teeth Collection Program: Houston ASDA collaborated with our alumni association to distribute 50 jars to over 40 dentists.

## Develops mentorship programs for members

- DS1s work closely with DS2s and DS3s for tutoring help in beginning dental core curriculum classes, drilling/operative and tooth-waxing.

## Organizes vendor fairs and lunch and learns frequently

- Annual Vendor Fair: This event brings together students, residents, and faculty with dental vendors from industry for a night of food, drinks, and networking. This year 325 attendees gathered with 40 dental vendors.
- Loupes Fair: 6 vendors set up booths to give students the opportunity to shop and compare different loupes companies. Over 220 students attended.
- **[IMPROVED!]** Loupes N Learn Series: A series of loupes lunches with various loupe companies showcasing their different loupes and lights.
- 22 Lunch and Learns in 2018, including 4 new speakers
- **[NEW!]** Procter & Gamble Informational: P&G taught about new and improved Crest+Oral-B products and how they can be utilized for patients at the school. Samples of products, including the Genius Brush, were given out. 180 attendees.
- Partnership with Philips Sonicare for yearly L&L teaching DS2s about brushing techniques and fluoride treatment. Free Sonicare Toothbrushes to attendees. 100% of the DS2 class attended.

## Provides social activities

- **[IMPROVED!]** A Night at the Casino: A night full of games at the casino tables, drinks, and heavy hors d'oeuvres. A great opportunity to build relationships with dental students and dental professionals in the Houston area. 250 attendees.
- **[IMPROVED!]** Annual Family Picnic: Students relaxed with their families over drinks, games, and fajitas. Held every year and is not limited to ASDA members.
- **[IMPROVED!]** Welcome Week Happy Hour: Hosted at La Grange for incoming 1st year students to introduce them to ASDA, an opportunity for them to socialize with current ASDA leaders to encourage them to seek involvement in our chapter.
- **[IMPROVED!]** ASDA Fever Week – Happy Hour: A relaxed social. 80 attendees.
- **[IMPROVED!]** 8 Happy Hours with ASDA partners: Pacific Dental Services, DDS Dentures and Implants Solutions, KOS Services, DECA Dental, Brident/Western Dental, Dental Dreams, MB2 Dental, and Henry Schein
- **[NEW!]** ASDA Pedal Party: This event promoted fun and intermingling within the dental classes, while being outside and active. 32 attendees.
- **[NEW!]** Multicultural Potluck: 29 different dishes were prepared representing Philippines, Ghana, India, Pakistan, China, Italy, Lebanon, Mexico, etc. This event was a collaborate between ASDA and the different cultural clubs of UTSD. 100 attendees.

## Organizes events/programs that promote leadership development and professional training

- Leadership Development Workshop: 50 students, including recently elected officers and new committee met to develop and utilize leadership skills. New officers were briefed on roles and responsibilities by previous officers.
- Headshots: Headshots taken for residency program applications. 30 participants.
- **[IMPROVED!]** GHDS L&L: Local dentists educated DS1s on the importance of being active and a leader in organized dentistry. 75 attendees.

## Holds events with other ASDA chapters in district, if possible

- 2018 District 9 Meeting in Breckenridge, CO: 12 students attended from Houston.
- District 9 Leadership Retreat: Executive council officers and members serving on the D9 cabinet attended a retreat in Austin, Texas. Chapters evaluated their own strengths and weaknesses and formulated methods to improve respective chapters. 10 students represented our chapter.

## Offers events targeted at different groups, including advanced standing/IDP students, non-traditional students, etc.

- ASDA Annual Family Picnic: Students and residents relaxed with their families over drinks, music, games, and fajitas. This event is held every year to be inclusive of everyone at our school and is not limited to ASDA members.
- **[NEW!]** Multicultural Potluck: This event was planned with inclusivity in mind towards students of different backgrounds and cultures. Collaborated with Asian-ASDA, Muslim Student Association, SNDA, and Muslim Student Association.

## Organizes activities that are unique and original

- **[IMPROVED!]** Cinderfella: 4th Annual Event included a silent auction & male pageant. \$10, 000 proceeds benefitted the Mina Rosenthal-Eames patient care fund.
- **[NEW!]** Figs X UTSD Launch Event: Houston ASDA worked with FIGS to launch a school-wide FOREVER partnership, offering discounted FIGS scrubs for all ASDA members attending UTSD. Scrubs were ordered by ASDA and distributed.
- **[NEW!]** Multicultural Potluck: 29 different dishes were prepared representing- Philippines, Ghana, India, China, Italy, Lebanon, Cuba, Mexico, etc. This event was a collaborate between ASDA and the different cultural clubs of UTSD. 100 attendees.

## Conducts 1 or more organized efforts to earn money for chapter events/initiatives

- Annual Vendor Fair: **+\$22,000**
- Lunch and Learns: **+\$6,491.72**
- Loupes Fair: **+\$4,000**
- Figs X UTSD Sale: **+\$640.40**
- Annual Golf Tournament: **+\$4,750 (all proceeds donated)**
- Class I Preparation: Interview Prep Day: **+\$600**
- Houston ASDA T-shirt Fundraiser: **+\$328.21**
- Casino Night: **+\$691.86**

# WELLNESS

## **Organizes wellness events for members that focus on more than one of the five dimensions of wellness: emotional, physical, intellectual, occupational, and environmental**

- **[NEW!]** Pedal Party: Promoting physical wellness, this event was to promote fun and intermingling within the dental classes, while being outside and active. 32 attendees.
- **[NEW!]** Behind the Smile: Humanities and ethics event centered on a night of storytelling. This was a celebration of the human spirit and remembering we treat people, not just teeth- we invited students, faculty and alumni to tell their stories in and out of dentistry. 140 attendees.
- **[NEW!]** Run! Houston 5K/10K: Our Wellness committee's running club created a team to run their first 5K together at the University of Houston. 7 attendees.
- **[NEW!]** Knittervention - Knitting group met once a month to knit. Members joined due to benefits of knitting and crocheting, and how they address each of the five tenets of ASDA wellness. Tea and cookies were served.
- **[IMPROVED!]** ASDA Fever Week - Dodgeball Tournament: One of the social and wellness events during ASDA week. We had 6 total teams enter with a total of 40 participants. The winning team received customized shirts.
- **[IMPROVED!]** ASDA Fever Week - Women's Arm Wrestling Tournament: Women across all four classes came together in a battle of strength and stamina. 14 total contestants played in a single elimination tournament with the 3 finalists receiving prizes.
- **[IMPROVED!]** ASDA Annual Golf Tournament: The 6th Annual Charity Golf Tournament. Guests included alumni, business members, current students, pre-dental students, and faculty. Raised over \$3500 for the San Jose Underprivileged Clinic. 60 participants.

## **Promotes wellness content and opportunities throughout the year, including during ASDA Wellness Month in September**

- **[NEW!]** Canine Guidance/Feline Friday: Social media campaign to promote emotional and environmental wellness through pet therapy. Members were able to submit pictures of their pets and share how these pets have helped them deal with stress. 10 posts shared.

## **Informs members on the importance of wellness through educational programs, content in chapter newsletters and websites, on social media and through ASDA's monthly wellness challenges**

- Contour Article: "The Way to Dental Fitness" by Jennifer Hoang ('20), Houston ASDA Communications Chair. Article was featured on social media platforms and shared through email to the entire campus to promote the importance of fitness and ergonomics in extending the longevity of a career in dentistry.
- The Provisional Article: "Canine Guidance" by Christine Nguyen ('19). Article highlighted the importance of emotional wellness and therapeutic effects of pets.

## **Establishes a wellness chair and/or wellness committee within the leadership structure**

- Wellness Chair: Organized all wellness events and content.
- Wellness Committee: 7 students joined this committee to help the chair organize events and engage other members.

# COMMUNITY OUTREACH

## Promotes unity, awareness, and lifelong involvement in community service

- **[NEW!]** OHI Packaging: Collaborated with the Mosaic Group, a service-based organization at UTSD, to package, organize, and sort toothbrushes, toothpaste, floss, and OHI pamphlets to distribute at events. 150 packages were made by members.

## Organizes events to build the value of community in our profession

- **[NEW!]** Behind the Smile: Behind the smile was a celebration of the human spirit and remembering we treat people, not just teeth - we invited students, faculty and alumni to tell their stories in and out of dentistry. 140 attendees including ASDA members, faculty, and alumni.
- Trunk or Treat: ASDA hosts a booth a Halloween festival where children are able to play OIH games and win prizes. 100+ goodie bags with OHI supplies were handed out by 15 volunteers.
- **[IMPROVED!]** ASDA Annual Golf Tournament: The 6th Annual Charity Golf Tournament. Attendees included alumni, current students, pre-dental students, and faculty. Raised over \$3500 for the San Jose Underprivileged Clinic. 60 participants.
- **[IMPROVED!]** Movember Lunch and Learn: 100 attendees. ASDA partnered with Psi O to promote men's health through a program known as Movember, which involves growing mustaches to increase awareness and spark conversations throughout November.
- **[IMPROVED!]** Movember Shave the Date: Participants of the Movember mustache initiative were able to have their facial hair shaved by professionals. The event doubled as a fundraiser with all proceeds going to the Movember Foundation. 70 attendees including members and faculty.

## Increases awareness of underserved populations

- **[NEW!]** Loaves and Fishes Service Event: 25 volunteers prepared and served meals to homeless individuals in the Houston area. Around 274 meals were served. Students talked with the residents and gave oral hygiene packets and oral hygiene instructions. Each packet also had information about the dental school, mosaic group, and a dental clinic for the homeless.
- **[NEW!]** Ronald McDonald House Activity Day: An activity day was set up for the kids with crafts, board games, and coloring. OHI packages were given out to the children and families.
- **[IMPROVED!]** ASDA Annual Golf Tournament: Raised over \$3500 for the San Jose Underprivileged Clinic. San Jose Clinic provide affordable health services, including medical, dental, and pharmacy services, to the uninsured.
- Texas Missions of Mercy
  - Austin-July 2018: Organized 15 students to volunteer and travel to this dental mission event serving individuals of low socio-economic status that are not able to afford dental care. ASDA organized/provided transportation and lodging to allow students to participate.
  - **[IMPROVED!]** Farmer's Branch, November 2018: Organized 27 students to volunteer and travel to this dental mission event. With over 50 dental chairs

set up, students were able to assist volunteering dentists, take X-rays, work in sterilization, help the dispensary and treat patients with UT faculty supervision. This TMOM was special in that it served veterans from the area.

## Participates in the ASDA National Week of Service

- **[NEW!]** Letters of Encouragement: 10 members wrote letters to homeless men, women, and children staying at the Star of Hope shelter
- **[IMPROVED!]** Houston Food Bank: Volunteered sorting supplies for hygiene packets, moving boxes and composting trash. 20 volunteers made 3900 hygiene bags to be distributed to the Houston community.

## Provides the leadership opportunities for organizing community outreach efforts within the chapter leadership structure (e.g., community outreach chair and/or committee)

- Community Service Track Position: DS1 member is elected by the entire DS1 class to serve as Community Service representative for their class and becomes Community Service Chair as a DS3.
- Community Service Chair: Organizes all outreach events for ASDA. Contacts local shelters, food banks, and outreach programs for collaboration.
- Community Service Committee: 16 members joined this committee to organize outreach events.

## Hosts events with significant participation from members that benefit a significant number of people

- **[IMPROVED!]** Thanksgiving Canned Food Drive: All class years contributed donations to our annual food drive for the Houston Food Bank. The drive was a competition between the 4 dental student classes. The total weight collected was 663 lbs and a total of 1067 cans collected.

## Raises awareness through chapter, district, or national platforms, as well as through social media campaigns

- Promoted ASDA's National Week of Service throughout social media (Instagram and Facebook) emphasizing that service is the heart of dentistry.
- Thanksgiving Food Drive was promoted on Facebook to encourage more donations and awareness of hunger relief.

# PREDENTAL INVOLVEMENT

## **Recruits predental members for national ASDA membership**

- From expanding our Explore UTSD Day, Interview Workshop, and predental socials, Houston ASDA always has a platform to advertise the benefits of ASDA membership for pre-dentals! 15 pre-dentals became national ASDA members.

## **Introduces pre-dentals to dental school and organized dentistry (ASDA and ADA)**

- UTSD Interview Lunches: Executive members of Houston ASDA attended all 17 dental school interviews and were able to speak with potential new dental students about ASDA and the importance of organized dentistry.
- **[IMPROVED!]** Explore UTSD Day: Event for pre-dental and pre-hygiene students. Schedule included admissions overview, student life, hands-on opportunity at operative, impressions, sealant placement, and a student-led breakout session. This year, 100 pre-dental and 15 pre-dental hygiene students attended and were allowed to choose their own break-out sessions to attend based on individual interests. This year, we added a banana suturing workshop in our pre-clinical lab with the help of our OMFS department.
- “The Class I Preparation: Interview Prep Day”: Dental students held 4 mock interviews conducted by ASDA officers and answered questions for 39 predental applicants. Students were able to bring prewritten personal statements for review and critiques.
- Predental NLC Leadership Award: National ASDA predental members across Texas were invited to apply for the chance to attend 2017 NLC in Chicago, fully funded by Houston ASDA. The ASDA Pre-dental Committee selected 1 pre-dental student who showed excellence in leadership abilities to attend the 2018 NLC for free.

## **Provides leadership opportunities for pre-dentals**

- Election of Pre-Dental Liaison: Every year, we elect one pre-dental student from the Houston area to sit in as our pre-dental liaison. This year it was Alisha Virani from the University of Houston. She acts to relay important pre-dental information to all the undergraduate schools around Houston, and work with the pre-dental team to create events for students who are interested in applying to dental school. The position provides an opportunity to target future ASDA leaders, starting from the undergraduate level.
- Predental NLC Leadership Award: A rigorous application/interview process led to the selection of one Pre-Dental Student being fully funded for the National Leadership Conference 2018.
- “Spotlight on VIPs” column on the Houston ASDA website, showcasing outstanding predental members. Texas predental organizations elect a member to represent their institution and each month Houston ASDA Predental Committee selects a new predental to be featured.

## **Organizes a Predental Day or workshops for pre-dentals on getting into dental school and hands-on activities**

- Explore UTSD Day: 100 predental students from 23+ schools across the state spent a full Saturday touring the new UTSD building, hearing addresses from our Dean and our Associate Dean of Student Affairs, practiced waxing and drilling, a Q&A session featuring a panel of current students representing each class year and breakout sessions presented by UTSD students. Due to the great success of the event in previous years, the Predental Committee worked with administration to incorporate pre-hygiene attendees. The event included 15 pre-hygiene students.
- The Class I Preparation: Interview Prep Day: Dental students held mock interviews for 41 pre-dentals. Pre-dentals wrote an essay, which was later critiqued by UTSD students. Attendees were mock interviewed by 3 UTSD students and 1 faculty member, received immediate feedback, resources for their actual interview day, and were assigned a dental student mentor. Addition of Q&A panel composed of UTSD students and Assistant Dean of Academic Affairs. Added the service of taking professional headshots for pre-dentals to later download and use in applications.

## **Offers networking, social and community service events for pre-dentals**

- UTSD ASDA Predental Facebook - with the establishment of a separate Facebook page, pre-dentals have direct access to all events, webinars, and publications by our Predental Committee. The page has 505 “likes”.
- DAT Jeopardy & Social: The Pre-Dental Committee went to the University of Houston ASDA Pre-Dental Chapter and hosted a Jeopardy review game for DAT preparation. Pre-dentals were able to review DAT material while asking dental students questions about the application process, dental school experiences, and study plans/materials for the DAT. 40 pre-dental students attended.
- ASDA Annual Golf Tournament: The 6th Annual Charity Golf Tournament. Pre-dentals were able to socialize and play with alumni, business members, current students, and faculty. 10 pre-dentals attended.
- Members contributed “Predental Pro Tips” to share with predental followers.

## **Serves as mentors to pre-dentals**

- Debakey High School for Health Professions Class Presentations: Pre-Dental committee members spoke to high school students during their dental health class. We share clinical experiences, stories, and shared why we chose dentistry. We presented to 2 classes in one visit with a total of 55 students.
- Explore UTSD Day: Pre-dentals were able to meet with member of our Pre-Dental Committee and exchange information for mentorship in the application process.

## **Promotes national ASDA Predental Month and DAT Week**

- Weekly Social Media Pearls: Each week during Pre-Dental Month, our Pre-Dental Committee posted helpful tips on the application process. Topics ranged from resources ASDA provides to reviewing different application (i.e. TMDSAS) guidelines.
- DAT Donation Drive: Members were asked to donate old DAT study materials for pre-dental students in need during DAT week.

# LEADERSHIP IN HOUSTON



**AMY LA**  
PRESIDENT



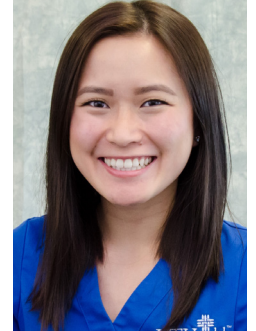
**BOBBY ANTON**  
PRESIDENT-ELECT



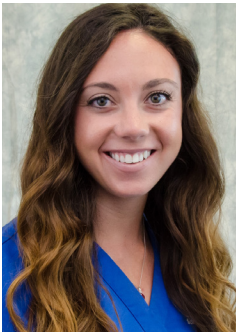
**KATIE RICHARDSON**  
IMMEDIATE  
PAST-PRESIDENT



**BELEN DIAZ**  
LEGISLATIVE  
LIAISON



**JENNIFER HOANG**  
COMMUNICATIONS  
+ MEDIA CHAIR



**JADE NIX**  
COMMUNITY  
SERVICE CHAIR



**NATALIE VOS**  
EVENTS CHAIR



**WHITNEY VRAZEL**  
WELLNESS CHAIR



**SALLY HAYS**  
SOCIAL CO-CHAIR



**JENNIFER SILLER**  
SOCIAL CO-CHAIR

- SUNEIL TANDON** Leadership Chair  
**ALI DAGHESTANI** Pre-Dental Chair  
**ROB NELSON** Golf Tournament Chair  
**KEAGAN FOSS** Treasurer  
**MARY JUNG** Webmaster / Gold Crown Co-Chair  
**CHRISTINE NGUYEN** Gold Crown Co-Chair  
**VINHSON NGUYEN** Video Production Manager



# 1ST YEAR TRACK POSITIONS

Joy Nisnisan	First Year Delegate
Jill Huffman	Community Service Coordinator
Dane Risinger	Events Coordinator
Chandler Pruitt	Legislative Liaison
Rebecca Vaughn	Pre-Dental Representative
Clayton Nguyen	Publications Editor



# DISTRICT LEADERS

Bobby Anton	Events Councilor
Moustafa Badawi	Treasurer
Victoria Do	Fundraising Liaison
Jennifer Hoang	Multimedia Councilor
Mary Jung	Webmaster
Amy La	Houston Chapter President
Grant Marcantel	Events Chair
Sarah Suki	Outreach Liaison
Natalie Vos	Content Director
Stephanie Williams	Secretary

# NATIONAL LEADERS

Jeannie Binder	Editorial Board, Contributing Editor
Jennifer Hoang	Council on Communications Associate
Tanya Sue Maestas	Immediate Past-President
Rana Shammass	Council on Advocacy Legislative Coordinator

# COMMITTEES

**Advocacy** Alex Plagenhoef, Andrew Martinez, June Wright, Katie Hauser, Rob Nelson, Miriam Ohakam, Noreen Ali, Andrew Escobar, Amanda Adams, Angie Nguyen, Chad Abrams

**Pre-Dental** Aasri Katragadda, Adeena Arain, Amy Hoang, Anamika Khosla, Andrew Mai, Brittney Trinh, Caroline Rog, Christine Pham, Helen Hau, Ian Castell, Ibrahim Zanayed, Jennifer Siller, Julie Tan, Katie Matthys, Meera Patel, Moustafa Badawi, Natalie Nassif, Rachel Mai, Sarah Jensen, Sarah Suki, Seth Williams, Suneil Tandon, Lejla Zoronjic

**Communications + Media** Christine Nguyen, Mary Jung, Jeannie Binder, Han Nguyen

**Events + Social** Bristol Galbraith, Emily Markle, Stephanie Williams, Katie Stewart, Lynsey Patterson, Melissa Sybico, Miriam Ohakam, Katie Matthys, Anamika Khosla, Bhavya Gurugunti, Victoria Do

**Community Service** Alex Plagenhoef, Alexandra McCallum, April Kwan, Bhavya Gurugunti, Brittany Trinh, Dorothy Hino, Helen Hau, Katie Hauser, Natalie Nassif, Lynsey Patterson, Sarah Jensen, Sarah Suki, Nathalie Khalil, Luan Huynh, Meera Patel, Annie Huet

**Leadership** Nick Rodriguez, Adeena Arain, Alex Plagenhoef, Andrew Mai, Grant Marcantel, Ibrahim Zanayed, Jade Nix, Patrick Scholl, Rehan Shahid, Rob Nelson, Seth Williams, Talal Beidas

**Wellness** Bernice Bamgbade, Victor Vinh, Emily-June Wright, Christine Pham, Brooke Hawkins, Binh Ngo

# MEMBERSHIP + COMMUNICATIONS

## ASDA WEEK 2018

We kicked off the new school year with our annual ASDA Week. The program included a variety of events offered to students, from an officer informational encouraging DS1 to pursue leadership positions to our yearly women's arm wrestling tournament.



AUGUST 27 - 31 HOUSTON ASDA

# ASDA WEEK 2018

MONDAY, 8/27

**GENERAL MEETING  
LUNCH & LEARN**

ALONTI  
12:00PM | ROOM 4310

TUESDAY, 8/28

**OFFICER INFORMATIONAL  
LUNCH & LEARN**

DS1 ONLY  
HOUSTON'S FAMOUS  
12:00PM | ROOM 4310

WEDNESDAY, 8/29

**WOMEN'S ARM WRESTLING  
TOURNAMENT**

BRING YOUR OWN LUNCH  
SNACKS PROVIDED  
12:00PM | ROOM 4310

**HAPPY HOUR @ COOLEY**  
5:00-7:00PM | COOLEY COURTYARD

THURSDAY, 8/30

**GREATER HOUSTON  
DENTAL SOCIETY  
LUNCH & LEARN**

CHICK-FIL-A  
12:00PM | ROOM 4310

FRIDAY, 8/31

**ADVOCACY COMMITTEE  
INFORMATIONAL**

POTBELLY  
12:00PM | ROOM 4310

**DODGEBALL TOURNAMENT**

PRIZE FOR WINNERS  
6:00-8:00PM | REC CENTER

FOOD ONLY FOR THE  
FIRST 100 ATTENDEES

●●●●●●●●●●

## SEE YOU THERE!

# MEMBERSHIP + COMMUNICATIONS

## ADA SIGNING DAY

100% participation rate with 88 DS4s becoming ADA members.



HOUSTON ASDA

## HEADSHOTS

Professional headshots for \$10

Great for those applying for:

- residencies
- leadership positions
- future job opportunities

Attire: Either business attire or scrubs

Venmo @houstonasda



11:30 AM  
-1 PM

06.13.18

Outside  
4310



## HEADSHOTS

For use in residency applications.

**30 participants**

# MEMBERSHIP + COMMUNICATIONS



## ANNUAL DS1 THIRSTY THURSDAY

Every year, Houston ASDA hosts a happy hour social for DS1s to encourage ASDA involvement. Officers and committee members attended to mingle and get to know the new students.

**FACEBOOK PAGE: 1,224 LIKES**

**INSTAGRAM: 1115 FOLLOWERS,  
75 NEW POSTS**



## #KICKSINCLINIC

A series on our Instagram featuring clinic-appropriate shoes and the students wearing them.

# MEMBERSHIP + COMMUNICATIONS

## HOUSTON IN THE NATIONAL SPOTLIGHT

Jennifer Hoang ('20), Jeannie Binder ('21), and Raven Grant ('19) had articles published in Contour.



## NEWSLETTER

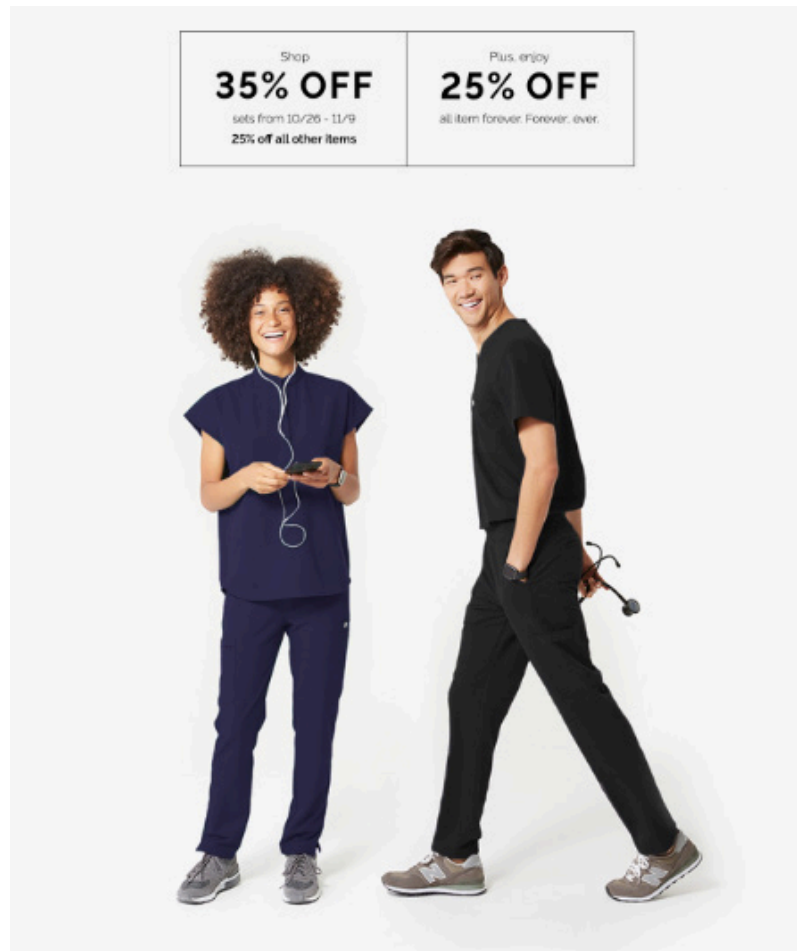
We released three issues of our newsletter, The Provisional, in March 2018, July 2018, and October 2018.



# MEMBERSHIP + COMMUNICATIONS

## FIGS X ASDA

Houston ASDA was able to secure a 30% discount for its students through popular scrubs brand, FIGS.



## HOUSTON ASDA T-SHIRTS

Houston ASDA started off the 2018-2019 school year with new Comfort Colors t-shirts. After a successful first pre-order, a second order was taken. **94 total shirts** were sold and have been worn around the school to promote awareness about ASDA!

# ADVOCACY INITIATIVES

## LOBBY DAY

12 Houston ASDA members traveled to Washington, D.C. to participate.



*Join ASDA Advocacy in*

A Conversation About  
**LOCAL ANESTHESIA**

**WITH DR. KATHY GIBSON**

THURSDAY, NOVEMBER 15 @ 5 PM ROOM 4340  
BUFFALO WILD WINGS PROVIDED

## LOCAL ANESTHESIA TALK

An after-school presentation given by Dr. Kathy Gibson about Texas and the U.S. stance on hygiene local anesthesia. Included discussions by the audience with Dr. Gibson. **30 students** were in attendance.



# ADVOCACY INITIATIVES



## ADVOCACY MONTH ADPAC DRIVE

**\$5 Student Member**  
VENMO @UTSD-ADVOCACY  
RAFFLE: NOV 30 @ 12 IN 4330  
SNACKS PROVIDED

### ABOUT ADPAC

Become a student member of one of the largest Healthcare Political Action Committees in the nation. Your contribution will support Congressmen who support dentistry and healthcare.

### RAFFLE

Join ADPAC and enter a raffle of great prizes including a Series 4 Apple Watch, Apple AirPods, and much more! Join DENPAC for an additional \$5 for an extra raffle ticket! Deadline: Nov 30 @ 12

## ADPAC

**89** total ADPAC members &  
**45** total DENPAC members

## MIDTERM ELECTIONS

Resources were created to aid our members in navigating the midterm elections.

- ✓ **WHERE DO I REGISTER TO VOTE?**  
*Visit [VoteTexas.gov](http://VoteTexas.gov) for a quick and easy registration.*
  - ✓ **WHEN IS THE DEADLINE TO REGISTER?**  
*Deadline for Texas is October 9.*
  - ✓ **WHEN IS THE ELECTION?**  
*General election is November 6.  
Early voting is October 22 - November 2.*
  - ✓ **WHERE CAN I LEARN MORE ABOUT THE CANDIDATES?**  
*Stay up to date with debates, and learn more about their values on their websites.*
- 

### DEADLINE TO REGISTER TO VOTE IS TOMORROW!

Register at [VoteTexas.gov](http://VoteTexas.gov)  
Takes 2 minutes!



### NEED AN ABSENTEE BALLOT?

Go to [Vote.org](http://Vote.org) to request one.  
Deadline to request is 11 days prior to election!



## TED CRUZ

VERSUS

## BETO O'ROURKE

COMPARING THE 2 SENATE CANDIDATES



 <p>Republican Party Incumbent</p>	 <p>Democratic U.S. Representative from El Paso</p>
<p>Repeal Affordable Care Act</p>	<p>Preserve Affordable Care Act</p>
<p>Supported the 2017 tax cut bill</p>	<p>Opposed the 2017 tax cut bill</p>
<p>Opposes DREAM Act, supports border wall</p>	<p>Supports DREAM Act, opposes border wall</p>
<p>Pro-Life</p>	<p>Pro-Choice</p>
<p><a href="http://www.tedcruz.org">www.tedcruz.org</a></p>	<p><a href="http://www.betofortexas.com">www.betofortexas.com</a></p>

Both have Texas' best interest at heart. For more information on their policies, be sure to watch their debate on TV tonight at 8!

# ACTIVITIES

## VENDOR FAIR

40 vendors participated in this year's Vendor Fair.



## CASINO NIGHT

250 attendees



# ACTIVITIES



## PEDAL PARTY

On the eve of the 4th of July, our ASDA chapter had its first pedal social with members riding around Midtown in 3 fully loaded bike bars. The event was a fun way to mingle with members of different classes outside of class and clinic.

## WELCOME WEEK SOCIAL



# ACTIVITIES

## LUNCH & LEARNS

Every semester, we have a full schedule of lunch & learns for our members.

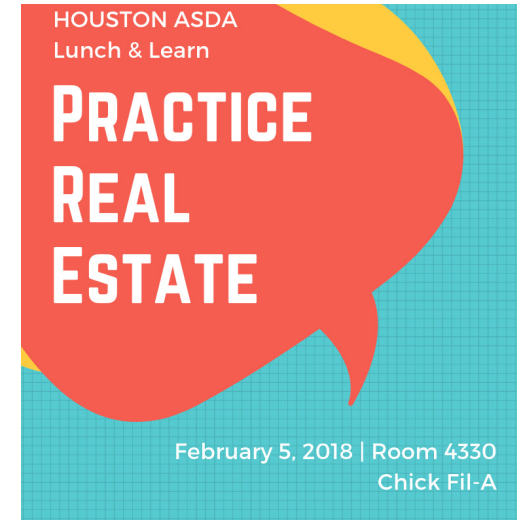
From insurance groups to J&J Listerine, we hosted a variety of speakers to educate our students over provided lunch. This past year, we had **22 lunch & learns.**



**EEPB**  
*CPAs and Business Advisors*  
**How to Build a Vital Practice**  
*Never work "on" your practice, work "for" your practice*

Have you ever wondered how to truly thrive as a dentist?  
How to build a bulletproof practice  
Retire early

2 / 14  
RM 4330  
HOUSTON'S FAMOUS  
ALL STUDENTS WELCOME



HOUSTON ASDA  
Lunch & Learn

**PRACTICE  
REAL  
ESTATE**

February 5, 2018 | Room 4330  
Chick Fil-A



HOUSTON ASDA PRESENTS:  
**J&J LISTERINE**  
LUNCH & LEARN

**FRIDAY, 10/19**  
**ROOM 4330**

PAPA JOHN'S PROVIDED

Learn about the various LISTERINE oral rinses and the role that they can play in oral health.

Samples will be distributed!



UTSD ASDA  
**LUNCH & LEARN**  
WITH TRELOAR + HEISEL

WED, OCT 24 | RM 4330  
FREE CHICK-FIL-A

Review basic financial + insurance planning needs during the transition from school to practice as well as student debt reduction strategies!

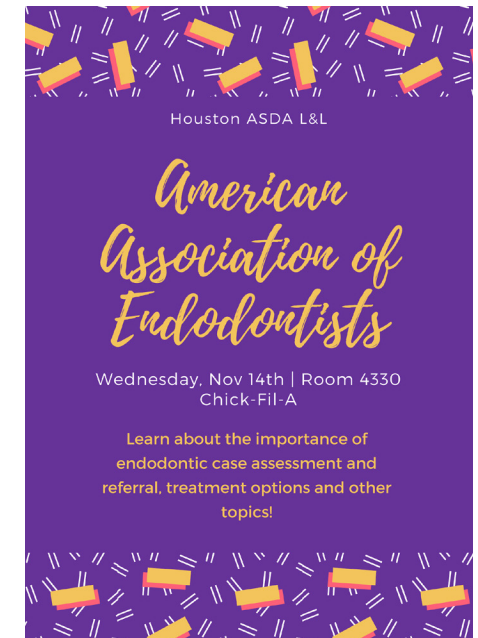


**GLAXO  
SMITH  
KLINE**

**TACOS A GO GO**  
**ROOM 4330**

29  
OCT

Dentin Hypersensitivity, Acid Erosion, Xerostomia, Denture Care Management, Gingivitis, and what's in Toothpaste



Houston ASDA L&L

*American  
Association of  
Endodontists*

Wednesday, Nov 14th | Room 4330  
Chick-Fil-A

Learn about the importance of endodontic case assessment and referral, treatment options and other topics!

# ACTIVITIES

## ANNUAL FAMILY PICNIC



asda family picnic

FEATURING:  
self-serve fajita bars  
drinks

MARCH 16, 2018 | 4:30-7:30PM

COOLEY CENTER  
+ COURTYARD

The graphic features a red background with white and yellow icons of a popsicle, a beer bottle, a burger, a hot dog, and another popsicle. There are also yellow starburst icons.

# ACTIVITIES



This event was planned with inclusivity in mind towards students of different backgrounds and cultures in collaboration with Asian-ASDA, Muslim Student Association, and SNDA.

100 students brought dishes from different cultures and shared food while taking a break from studying.

## MULTICULTURAL POTLUCK

# WELLNESS

## ASDA ANNUAL GOLF TOURNAMENT

**THE 6TH ANNUAL  
HOUSTON ASDA OPEN**

**SATURDAY, NOVEMBER 10**

8:00AM SHOTGUN START  
**SOUTHWYCK GOLF CLUB**  
2901 CLUBHOUSE DR, PEARLAND, TX

**\$50 STUDENTS | \$100 NON-STUDENTS**

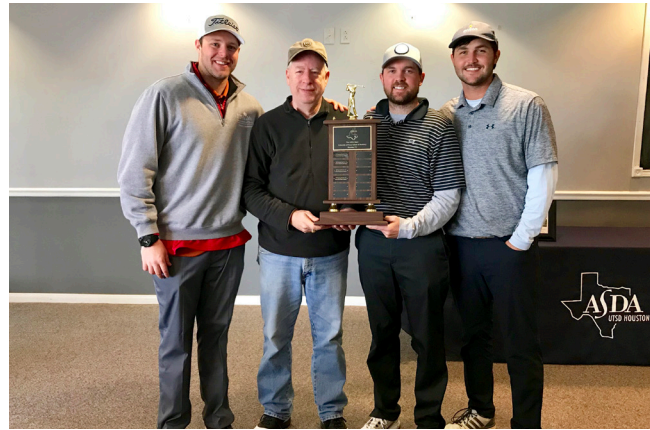
**ALL PROCEEDS BENEFIT THE SAN JOSE CLINIC**

**REGISTER ONLINE**

MUST REGISTER BY **OCTOBER 20TH** TO BE GUARANTEED A T-SHIRT  
[WWW.HOUSTONASDA.COM/GOLF-TOURNAMENT](http://WWW.HOUSTONASDA.COM/GOLF-TOURNAMENT)

**FEE COVERS:**  
ROUND OF GOLF (INCLUDING GREEN AND CARTS FEE)  
OFFICIAL TOURNAMENT SHIRT  
PRACTICE RANGE BALLS FOR PLAYERS  
1 CBIGG REPLAY CARD FOR 13 OTHER TEXAS COURSES  
LUNCH AND DRINK TICKETS  
A CHANCE TO WIN PRIZE PACKAGES

ADDITIONAL CONTESTS INCLUDE LONGEST DRIVE AND CLOSEST TO THE PIN  
FOR QUESTIONS, PLEASE CONTACT ROB NELSON AT [ROBERT.W.NELSON@UTH.TMC.EDU](mailto:ROBERT.W.NELSON@UTH.TMC.EDU)



**OVER \$3,500 RAISED BENEFITTING THE SAN JOSE CLINIC**

# COMMUNITY OUTREACH

## THANKSGIVING FOOD DRIVE 1067 CANS COLLECTED



**HOUSTON FOOD BANK**  
**20 VOLUNTEERS**  
**3,900 HYGIENE BAGS**  
**DISTRIBUTED TO THE**  
**HOUSTON COMMUNITY**





# COMMUNITY OUTREACH

## TEXAS MISSION OF MERCY

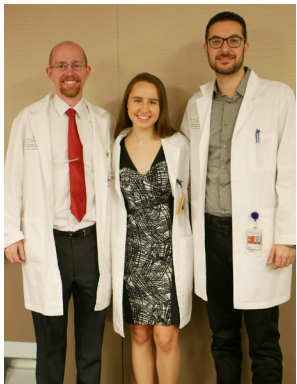
42 dental students volunteered to serve low socioeconomic populations & veterans



# PRE-DENTAL

## INTERVIEW PREP DAY

Mock interviews for  
**41** pre-dentals



## EXPLORE UTSD DAY

**100** pre-dental students from  
**23+** schools across Texas  
**15** pre-hygiene students

# PRE-DENTAL

## DAT JEOPARDY & SOCIAL

40 pre-dentals attended to review DAT material & ask dental students about the application process.



## DEBAKEY HIGH SCHOOL FOR HEALTH PROFESSIONS

Pre-dental committee members spoke to high school students during their dental health class.

Third year dental student Jennifer Hoang (pictured left) shared her clinical experiences, stories, and why she chose dentistry. The committee presented to 2 classes in one visit to a total of **55** students.